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562 chronic warfare among the ancient Mongols and Turks required alliances as well as feuds.

581 Hence the institution, known to be very early, of "pairs" of clans, each regularly taking its wives from the other in a sort of marriage alliance.[5] An association of this kind was a natural basis for alliance in war, since each clan would not only be aiding an ally but contributing to the security of its own daughters.[6]

512 Among pastoral nomads the traditional life of the man, especially the married man, is one of long periods 181 of idleness, spent largely in gossip and visiting, alternating with short periods of intense activity—in former times, defensive and offensive warfare, and in modern times the periods of migration, especially spring and autumn migration, and the periods spent by a man when he is summoned for obligatory service under the clan or tribal chief. The Monguors, as descendants of nomads, have inherited this tradition. The Monguor men, however, because of the change to an agricultural economy, cannot be quite as lazy as pastoral nomads. Farming cannot be profitable unless the men do their share of the work; but in spite of the example of patient toil set them by their Chinese neighbors, the Monguor men are never as industrious as the Chinese.

512 In the home, the kitchen and all things concerning 462 food, the preparation of meals and cleaning up after meals are women's work. Women also collect the fuel, consisting chiefly of the droppings of cows, horses, and sheep, which after being collected have to be dried in the sun until they are combustible. In the early morning when the cocks are still crowing to announce the coming day the wives start working while their husbands go on sleeping. First the wife must go to the well with a wooden cask on her back to fetch water. Then she boils water in the iron cauldron, set in the hearth, to make tea. While she is making the tea she carries hot water to her husband for washing. While the husband is drinking his early morning tea the wife dresses and washes the children, prepares breakfast and carries a

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[5] Vladimirtsov, *Le régime social des Mongols*, as cited, 58. "Les Mongols des XIe–XIIIe siècles devaient parfois aller chercher très loin leurs femmes, et s'accorder avec un clan éloigné. En effet, . . . les pâturages étaient distribuées de telle manière chez les anciens Mongols, que souvent on ne recontrait aux alentours aucun répresentant d'un clan étranger. . . . Ceci explique, les réminiscences anciennes aidant, la fréquence des rapts; les femmes etaient enlevées de force chaque fois que l'occasion favorable s'en présentait.

"On relève fréquemment l'usage pour un clan de choisir ses promises dans un autre clan, mais toujours le même. Les membres de ces clans s'accordent mutuellement le titre d' 'allié,' de parent par alliance, '*quda*.' Parfois l'échange des jeunes filles à marier donne lieu à des traités en règle entre clans." (Note that side by side with the word *quda* there is the word which in modern Mongol is *hadam* and in Monguor *gadim*—see the Monguor relationship terms as given above—which expresses "relationship with a woman married into my clan, or a man who has married a woman from my clan."—O. L.)

[6] It is possible that this kind of association also helps to account for the importance of the maternal uncle, as "the man who has interest in both clans."—O. L.

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512 bowl of food in to her husband, presenting it to him humbly with both hands. She then folds and stacks
462 along the rear wall of the *k'ang* the felts, skins, and quilts that serve as bedding, and sweeps out the house and courtyard.

462 It is also woman's work to feed the livestock, milk the cows, and go out to fetch earth, carried in a basket
233 on her back, to dump in the stables where the trampling of the animals mixes it with manure and urine which will eventually be carried out to put on the fields as fertilizer. If a cart is needed in the day's work, it is the wife who harnesses the horse or ox. When it is time to grind flour, it is she who does the grinding, either pounding a little at a time in a stone mortar or taking a larger quantity to a grindstone turned by animal power. When it rains, it is her duty to take the small herds of sheep, cows, and horses out to graze in the valley or on the hill slopes, while her husband, smoking his pipe, huddles by the brazier at home to keep warm or goes to visit his friends.

462 Women also work in the fields. On the field nearest
241 home the Monguors use stable manure; on distant fields they use a fertilizer made by burning clods of earth and grass. The wife carries the ashes in a basket on her back and spreads them on the field. Most husbands help their wives in this heavy work, but it seems not to be their duty to do so. Plowing and harrowing are the main agricultural work of the men, but even in this the women frequently help them. It is not unusual to see a woman plowing and harrowing. When the heavy preparatory work has been done, husband and wife together sow and later weed the fields. They also work together in reaping the harvest, carrying it to the threshing floor, and threshing it—though there are a few lazy men who will not work after the sowing and the weeding, leaving the harvesting, carrying, and threshing to the women.

462 Whenever a woman has a few minutes to spare she
294 reaches for her sewing box. Sewing is work that *Monguor women love and at which they are very skillful*. They can often be seen working at night by the light of a twisted wick spluttering in a saucer of vegetable oil, patching the clothes of the family. A housewife is expected to make all the new clothes for her husband, her children, and herself. Although she is always the first to get up in the morning and the last to go to bed at night, she has a little more spare time in the winter, when there is no work in the fields, and this is the season for sewing.

603 It is the grandmother who manages the whole female
462 side of the community, supervising and allocating work to the daughters-in-law and the older girls. A good
592 manager rotates the work so that each woman will have an opportunity to do needle work and so that pregnant
606 women get lighter work. It is the grandmother also who soothes the quarrels that inevitably break out in such a family, and endeavors to keep them from be-

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603 462 592 606 coming serious. At the same time, a grandmother is a woman who by age and rank is entitled to be a little cranky and to have her peculiar ways. If she cannot keep the peace and maintain order among the daughters-in-law, she appeals to the grandfather, who orders the husband of the woman who is considered at fault to tackle the problem by admonishing his wife or if necessary by beating her.

Generally speaking, however, such little incidents within the family do not turn out to be serious; a daughter-in-law is expected to be demure and obedient, to hold her tongue and not to display jealousy, but at the same time it is considered only human to allow her to display a little bit of "temperament" from time to time.

562 In spite of the fact that Monguor women do very heavy work, they are usually happy and contented and it is the normal thing for husband and wife, even though they did not make their own marriage, to have real respect and love for each other. In their own little family within the extended family husband and wife usually talk everything over together, giving the wife the feeling that she has a responsible part in their joint concerns; while, as for the husband, it is easy for him to be fond of a wife who is so obedient and works so hard.

In public, Monguor women retain enough of the old nomad tradition to be much more free, especially in their attitudes to and conversations with men, than Chinese women. While they are bound by strict rules of etiquette and are likely to be rebuked by their elders, especially at home, if they infringe these rules, they are not in public at a loss how to behave when they encounter a man; they feel perfectly free to talk with him and they do not blush or look in the other direction, as old-fashioned Chinese women used to do. They enjoy going to the big public festivals at the lamaseries, and to the annual assembly of the clan; they like to sit on the grass in mixed groups, men and women together, talking, laughing, singing, watching dances, and making merry. A woman is not embarrassed to sing a song in public; and when she is dressed in her best clothes she likes to stroll, preening herself, through the crowd, displaying her costume and her magnificent headdress. Nor are women afraid to do their own shopping; at the fairs they confidently examine the wares for sale and hold their own in bargaining over prices. In the country Monguors do not consider it shocking to see a man riding to his fields with his wife riding pillion behind him; and during the long and tedious work of weeding man and wife both like to sing in the open air.

It is perhaps worth making a few brief comparisons between the status of men and women in the Monguor society and in the greater Mongol society from which the Monguors derive. In the thirteenth century William of Rubruck reported of the Mongols that:

It is the duty of the women to drive the carts, get the dwellings on and off them, milk the cows, make butter and

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562 *gruit*[7] and to dress and sew skins, which they do with a thread made of tendons. They divide the tendons into fine shreds, and then twist them into one long thread. They also sew the boots, the socks, and the clothing. . . . They also make the felt and cover the houses.

The men make bows and arrows, manufacture stirrups and bits, make saddles, do the carpentering on [the framework of] their dwellings and the carts, they take care of the horses, milk the mares, churn the *cosmos* or mares' milk, make the skins in which it is put; they also look after the camels and load them. Both sexes look after the sheep and the goats, sometimes the men, other times the women, milking them.[8]

Marco Polo, later in the thirteenth century, wrote:

And I tell you that the Tartar ladies trade, buy and sell and do all the work that is needed for their lords and family and for themselves.[9]

462 These comparisons are enough to show that the Monguors, both men and women, in spite of the change to agriculture, continue to divide their specialized work much as they did when they were still nomads. The men repair houses, saddles and harness for horses, mules, and donkeys; make the tools used for farming, and tan skins. In their leisure time men spin thread and twist cords and ropes. Women never kill sheep, pigs, or chickens; butchering and killing are done only by men. The fact that men do rather less work in the fields than the women has already been mentioned.

LEGENDS OF THE PAST

562 Other characteristics that Monguor women inherit from the nomad past are the ability to make decisions and take responsibility and the courage, in time of need, to fight as boldly as men. In the late twelfth century when Yesugei Bagatur, the father of Chingis Khan, was poisoned by some of his enemies, most of his followers

[7] *Gruit* is Rubruck's rendering of the Mongol word *hurud*, from which comes the Russian word *krut*.—O. L.

[8] *The journey of William of Rubruck to the eastern parts of the world*, 1253–55, with two accounts of the earlier journey of John of Pian de Carpine, translated and edited by W. W. Rockhill, 75–76, London, 1890. Rockhill footnotes with cross-references to Pian de Carpine. The word *cosmos* is, of course, the well known word *kumys*, which is Turkish rather than Mongol. See also Lama Galsan-Gomboev, *O drevnikh mongol'skikh obychayakh i sueveriyakh, opisannykh u Plano-Karpini*, in *Trudy*, Eastern Section, Imperial Archaeological Society, 4, St. Petersburg, 1859, for comparisons of thirteenth century survivals and echoes in Mongolia.—O. L.

[9] Vladimirtsov, *op. cit.* In the Russian original, Vladimirtsov quoted from Pauthier's 1865 edition of Marco Polo. In the French edition, the translator adds the quotation as here given from the 1938 edition of Marco Polo by A. C. Moule and Paul Pelliot 1: 169, London, Routledge, 1938. To these citations may be added the generalized description of pastoral nomadism in W. Schmidt and W. Koppers, *Völker und Kulturen*, 236, 524. For the Mongols of the Ordos region of Inner Mongolia, see P. Van Oost, *Au pays des Ortos*, cited, 102. For the Manchus and Tungus, whose ancient habitat was in the forest rather than the open grassland, see S. M. Shirokogoroff, *Social organization of the northern Tungus*, 263, Shanghai, Commercial Press, 1933; also the same, *Social organization of the Manchus*, already cited, 165, 122.

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231 and every well-to-do family keeps a fast, handsome horse with a good saddle and trappings. They will spend freely for the purchase of a showy "Peking" outfit—a saddle edged with brass and trimmed with cloisonné enamel with stirrups to match, and a bright saddle rug. When a horse is unsaddled his head must be pointing to the west. Women as well as men may saddle horses. The Monguor vocabulary for the colors of horses and cows is very rich. They prefer black horses and cows, it being a shamanistic belief that this color is a good omen for the owner and for the increase of the livestock.

232 The Monguors geld their own horses, many of them being very proficient at this operation. The stallion is thrown on the ground and the region of the operation washed with hot water to sterilize it. The cutting is done with the sharp edge of a piece of porcelain from a freshly broken cup. The scrotum is opened and the testicles taken out. Some wine is then poured in the wound, salt rubbed into it, and the wound stitched up with a large needle, which is first "sterilized" by being rubbed in the hair of the man who is to do the stitching. Three or four threads taken from a woman's needle box are twisted together to form a coarse thread for the purpose. Finally, salt is rubbed liberally over the outside of the wound. The horse is walked around the threshing floor during the day and tied to the pole at night, in order to prevent his lying down for a few days. There is seldom a mishap in performing this operation. Some lamas are skilful in performing the operation. Horses are seldom gelded by crushing of the testicles.

787 For this important operation a shaman chooses a day of good omen. Before the operation is performed, the head of the family burns incense and boughs of cypress, offered to "Heaven and all the spirits." For seven days after the operation no visitors are allowed to enter the courtyard, at the gate of which are hung a bough of cypress and a skein of wool as a sign that a horse has been gelded.[66]

Rich people with large herds brand a mark on the left hip of horses and cows. Sheep are marked by cutting a rough design in the ear or by clipping out a piece of the ear. The Monguors are remarkably gifted at tracking lost animals. Chinese whose animals have strayed or been stolen always ask a Monguor to track them, and a tracker will follow the trail for many days.

231 462 It is women's work, except where shepherds are hired, to take care of the livestock in their stalls and pens and also to go out with them to pasture in the summer rainy season when the grass grows quickly.

231 463 Shepherds are the best paid among those Monguors who work for hire, because of the capital value of the

[66] Note that the same emblems are used to mark the tabu of a room in which childbirth has taken place, as described above. They are, therefore, tabu marks which are not restricted to a single kind of tabu.—O. L.

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need only be noted here that few Monguors are rich enough to hire Chinese or Monguor bricklayers and carpenters. Most Monguors build their own houses.

Rich people lay a foundation of brick for the mud walls of their houses. Even poor people, though they build their own houses, buy the frames for their doors and windows from Chinese carpenters. When a new house is built, the young people of the whole village come to help in putting up the mud walls of the enclosure. They ask no pay for this work, but are rewarded with a dinner. A peculiarity of all Monguor courtyards is that in the middle of the enclosure stands a pole from which flies a "prayer flag" on which prayers have been written in Tibetan. At the base of this pole there is a small oven for burnt offerings; but sometimes the oven is built on top of the roof of the living room.

The Monguors do not have much in the way of furniture. The living quarters of each nuclear family within the extended family consist of only a single room. Wealthier people may have "*k'ang* tables"—low tables, with very short legs, set on the *k'ang*. These are of the right height for people sitting crosslegged. Poorer people may have, in front of the *k'ang*, a rough table with homemade benches. A plank, on wooden pegs driven into the wall, serves for bowls and dishes. For household work, the Monguors made their own brooms from millet straw or tamarisk twigs. Only rich people paint the woodwork of their houses. Even in a poor family, however, there hangs on the wall of the chief of the family a picture of the guardian deity of the family, and in front of this picture there is a low table with brass butter lamps and bowls for offerings.

The fuel used by the Monguors is chiefly the dung of horses, cows, and sheep, dried in the sun. The gathering of this fuel means constant hard work for the wives, who must always have some reserve in case it is raining and dry fuel cannot be gathered. Sheep dung gives the most heat. It is dug out in bricks where it has accumulated and been trampled hard in the sheep pens. Straw and dry grass are also used in the little fireplaces that heat the *k'angs*. This fuel gives a quick, hot flame; though it does not last long, the sparks are drawn by the draft into the flues that run under the *k'ang*, where they set the accumulated soot smoldering, thus providing a low but relatively steady heat through the night.

During the winter the Monguor men, who work so much less than the women, spend most of the day sitting on the *k'ang*, either at home or at a neighbor's house. A primitive brazier is made by laying some bricks in a circle in which earth is placed to hold the fire. On the earth is put a mixture of sheep dung, husks, and chaff. This mixture burns slowly all day and is hot enough to boil tea. The men light their pipes from this glowing mixture, and sit all day long gossiping cheerfully in a haze of smoke.

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FOOD, DRINK, AND NARCOTICS

262 796 527 The diet of the Monguors is frugal. Meat, which with milk and milk products was the staple food of their nomad ancestors, has long been a luxury. Like the Chinese, they now eat meat for half a month at the New Year, on the third of the third moon, the fifth of the fifth moon, the fifteenth of the eighth moon, and the eighth of the twelfth moon. Apart from these feasts, they eat meat only at weddings, when children have been born, at funeral feasts, or when they have distinguished guests. For such feasts, a sheep is killed. In the short summer rainy season it is also customary to kill a sheep when there is rain for several days, preventing them from going out to the fields; and it is also customary to slaughter a sheep when the harvest is carried in. Meat is always boiled. Roasted or broiled meat is very seldom eaten and is not considered tasty.

[462] 231 Every family slaughters its own animals. The slaughtering is never done by women, who are expected to produce life, not to destroy it. Most Monguor men cease to do any slaughtering when they become about fifty years old, owing to the lamaistic belief that it is not fitting for a man who is approaching the time of his own death to slaughter animals, for fear of being reincarnated as an animal.

Cows, oxen, and pigs are slaughtered by cutting the throat. Sheep are often choked. Another method of slaughtering sheep—the traditional Mongol method—is to turn the animal on its back with the head pointing west, stretching the skin tight over the breast. A slit is then cut in the skin, and the butcher slips in his hand, seizes the heart, and jerks it loose. The sheep dies instantly and no blood is shed outside the carcass.

The Monguors very seldom slaughter horses, mules, or donkeys. When these animals grow old they are either sold or allowed to live until they die a natural death. [262] The meat of horses, mules, and donkeys is never eaten, nor do the Monguors allow the use of their cooking kettles for boiling such meat.

Chickens are usually killed either by cutting off the head or by thrusting a pin into the brain.

262 All Monguors abhor the meat of marmots. Marmot fat is used as a salve on the saddle sores of horses and mules, but as food the Monguors say, "Marmots are to us Monguors what pigs are to the Mohammedans."

[715] There is a small religious sect among the Monguors, known as "those who fast," the members of which never eat meat or garlic, or drink wine.

[272] In the morning the Monguors drink a cup of tea and eat a piece of bread when the sun has risen in the sky "to the height of a post." Salt is always put in the boiling tea. In many families only the parents and the oldest son drink tea; the other men, and all the women, drink only water with a little milk in it. (The Chinese, of course, do not use milk in tea or in any other way.)

[252] The bread is made from barley flour and is either steamed or baked. Ordinary people seldom eat wheat

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173 Prince of Chin. According to the legend this prince,
291 "blessed by heaven and all the spirits," begat thirteen
562 sons from his nine wives. Because he was fond of magnificence and display, he designed a different costume for each wife, and this is supposed to be the origin of the nine main designs of Monguor women's costume to this day.

177 The significance of the Monguor national costume even
648 in recent times is illustrated by the following story, which stirred up interest throughout the Monguor country. In 1913 the Living Buddha of the monastery of T'ient'ang Ssu [10] forbade the Monguor women living in his territory to wear their national costume and ordered them to adopt the Tibetan style of dress. Passions ran high against this order. Although the Monguors had for centuries supported the monastery with their offerings, they ceased to appear at the monastery festivals and began to make their offerings to other monasteries. Even the lamas of Monguor origin left the monastery and enrolled in other monasteries. The result was that the monastery of T'ient'ang Ssu began to enroll Chinese novices and the whole spirit of the institution was changed.

291 The costumes of the Monguor women are much more
292 elaborate and distinctive than those of the men. Like the
562 men, however, the women do not wear underclothes, nor do they have nightgowns. Their bed is a piece of felt spread on the sleeping platform; there are no sheets or pillowcases, and at night they simply undress and cover themselves with roughly woven blankets or sheepskins.

291 A woman's trousers are made of blue cotton cloth and
562 are fastened around the waist with a rope twisted of sheep's wool. On the legs of the trousers, just below the knee, there is a hem of white cotton cloth. To this hem is sewn the lower leg of the trousers which can easily be removed and replaced, when the women go to festivals, with a leg of finer cloth or of silk or satin, embroidered in red. Ordinarily, the legs of the trousers are stuffed into the tops of the boots, but the ornamental trouser leg can be worn outside the boot. As with men's trousers, the cut is that of Chinese trousers, and the tradition is that in older times trousers were not used at all. The Monguor women of the villages north of the valleys of Weiyüanp'u and Hungnaitze wear trousers only on the coldest winter days and when they go to festivals.

462 Monguor women make their own boots. The sole is
294 made of alternating layers of blue and white cotton cloth pasted together and then stitched, the foot of the boot is made of dark blue cotton cloth, sometimes beautifully embroidered, and the legs are ornamented with patches of dark leather. The foot of the boot may also be made of black cotton cloth, adorned with green

[10] For references to this monastery, see Reginald Farrar, *On the eaves of the world* and *The rainbow bridge*, London, Arnold, 1917 and 1921.

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stitching. The leg of the boot is of dark blue cotton cloth and reaches to the knee. Stockings are not worn. Some women pull their boots on over bare feet, others wrap their feet with long strips of cotton cloth. The designs embroidered on ornamental boots are Chinese —swastikas and other designs, and flowers such as violets, roses, or peonies.

The boots and the sash are important items in the trousseau of a Monguor bride—they display her proficiency in embroidery. Months of work go into the preparation of them, and girls learn the art of embroidering from older women. A pair of fine boots, worn only on festive occasions, is expected to last a lifetime. At festivals, if it is rainy or muddy, women can be seen walking barefoot carrying their precious boots under their arms, laughing and chatting as they trudge through the mud and putting on their boots only at the last moment. At such gatherings, boots and sashes are the articles that women compare and admire or envy; often a fine pair of boots is taken off and passed around the admiring circle of women while the proud owner modestly watches from the corner of her eyes, gracefully accepting compliments and congratulations. After the age of about forty, however, the woman puts aside her fancy boots and wears boots of a more simple style. An important part of the costume is a sort of apron which covers the chest and stomach. The upper part is of white cotton cloth, and the lower part of green cloth. The lower part is often beautifully embroidered with flowers, swastikas, or the Chinese characters signifying "longevity" and "happiness." On the lower part is sewed a large pocket in which women keep their needle cases, thread, and all kinds of odds and ends. The upper part of the apron hangs from a string around the neck, while the lower part is tied behind the back with laces.

Under her apron a woman wears a short shirt, reaching to the hips, made of red or green or violet cotton cloth. In winter this shirt is doubled and wadded with cotton or wool. Rich people wear shirts of satin or silk.

The woman's gown is a long, full robe, reaching to the heels, with wide sleeves. The front of the gown overlaps on the left side, and buttons under the left arm and down the side while the man's gown, as already described, buttons down the right side. Except for wealthy people, the gown is ordinarily of blue cotton cloth. Another gown of the same size and pattern is worn over the first gown. This outer gown is roughly woven from the wool of sheep or goats. As this wool has not been cleaned of its natural oil before being woven, it is heavy, warm, and sheds water well. In some places where the Monguor women, like Tibetan women, do not wear trousers, these two gowns are the only clothing. A girdle or sash holds both gowns in at the waist. For poor people, this is the only fastening of the gown; buttons are not used.

For festive dress the rough outer gown is not worn

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FIG. 8. Spinning handicraft. Two girls of Monguor origin, whose parents had attached themselves to a group of Tibetans enrolled as subjects of the Ch'i T'u-ssu. They wear the Tibetan clothes typical of the Huari region north of Hsining. The elder girl is spinning thread, which passes over a hook at the end of the stick thrust into her collar at the back of the neck. She keeps a bundle of wool in the bosom of her gown and from it twists the yarn which is rolled on to the spindle which she holds in her left hand. The thread then passes over the hook of the stick, to stretch and straighten it. The younger sister is fluffing a bundle of wool to prepare it for her elder sister.

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651 Monguor artisans engaged in such work must perforce join the Chinese guilds when they are summoned to work on official buildings.

The shamans are also affected by the need for association with a guild. Whenever there is an eclipse of the sun or moon the shamans are likely to be summoned to the nearest Chinese town to help, by their incantations, with the "liberation" of the sun or moon. In this they are associated with the Chinese Taoist priests. I knew of one case in which there was a quarrel between the shamans of two Monguor villages. They brought their disagreement before the chief of the religious corporation, a Taoist priest, who settled the matter.

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462 The question of the origin of specialized artisan crafts is an interesting problem. In the case of the Monguors, most work is done in the household and there is little need for specialized skills. When there is such a need, moreover, most people cannot afford to hire a skilled craftsman to come from a Chinese town. These con-

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462 ditions offer opportunities to the kind of man who is clever with his hands and with tools. As such a man usually works for people who live in the same village or are members of the same clan, what usually happens is that the "clever" friend is invited to come over to lend a helping hand. A large part of his reward is in the opportunity to show his superior skill. When the job has been done he is invited to dinner, or if he is a poor man he is given some grain. Such opportunities are not enough, however, to enable a man to become a full-time specialized artisan.

Two Monguor artisans, self-made men, gave me the clue to the answer to this problem. "If there were no rich people," they said, "and above all if there were no monasteries in our country, we could never have been able to make a living as artisans; we would never have been anything but helpers. Because of the monasteries and the rich people, however, we are able to work all the year round and to take on apprentices." For this kind of artisan employment, rich people and monasteries provide the materials and the artisan provides only the special skill in using the materials.

463 A youngster who is handy with tools and wants to become an artisan invites two elders of his village to go 874 with him at the New Year to see the artisan to whom he wants to apprentice himself. He presents the traditional "scarf of felicity" and two pieces of meat. The elders stand as surety for his obedience and honesty. He makes nine prostrations to the master artisan and promises obedience. A contract is then signed by the guarantors, the master artisan, and the boy. The period of apprenticeship is usually three years, during which the apprentice lives at the home of his master and in addition to learning his trade works, without pay, at all kinds of odd jobs, such as preparing his master's food, and working in his fields in the busy times of sowing and harvesting.

After three years, if the master is satisfied, the apprentice prepares a sheep and wine and invites his master, his two guarantors, and the former apprentices of his master to a feast. He presents his master with a gown or a pair of trousers or boots, prostrates himself nine times and receives from his master a set of the tools of his trade. He is then himself a master-artisan, and although he still has to work another year for his master, he is now paid for his work. For the rest of his life he feels indebted to his master and bound to help him whenever asked.

415 One of the minor industries engaged in by Monguors 313 is the manufacture of wooden bowls and small wooden [327] boxes. The wood used is poplar, which is turned on a lathe and then coated with oil. Another small-scale occupation is the making of charcoal. Monguors living near forests belonging to lamaseries pay the monastery for the right to cut trees from which they burn charcoal which they take to the towns to sell. Other Monguors buy trees as they stand in the forest, cut them, and saw

Mo /105 cont'd/
587 then called, if it is a son, either, according to the Chinese custom,
589 Hiao cheng tse, i.e., "/son/ born during the mourning period," or
765 else, according to the T'ou-jen custom, xara khû, i.e., "black
[771] son," which again means "son of mourning" since black is the color
[822] of mourning among the T'ou-jen; they say "to wear black" for "to be in mourning." Black was formerly also the color of mourning among the Mongols. When widows who have not remarried bear
Mo [847 children after two years, it happens that these children are abandoned
848] or that they are drowned right after birth, especially if they are girls. That happens when the family has many children, or when none of
Mo the neighbors wants to feed the poor being. When the newborn is
[792] a son, they will keep him, but he will not inherit family property, and as a general rule they will send him at about the age of nine or ten to a lamasery to remain a bachelor. This is the most practical solution for avoiding difficulties in the family later. (1)

Ma [847 848]

1. Shirokogoroff, op. cit. p. 77: The Manchus are very strict in killing illegitimate children, i.e. the children born by unmarried girls and widows.

The other Tungus groups consider girls who have children as the best for marriage, because these girls have the proof of their fecundity. /Cited in English./

Mo 595 c) The third category of polygamists is met in well-to-do families who lack workers.

Mo 461 462 595 We have seen that all the work, so to speak, is assigned to the wife; the household duties, the care of the livestock, and a large part of the work in the fields. A T'ou-jen wife actually kills herself with work. It is painful to us to look at these men with the nomadic instinct, do-nothings, idlers, spare themselves the least fatigue. It can happen, therefore, in families which have much

/105 cont'd/
461 livestock, much land, and few workers, that the wife herself proposes
462 to the husband that he take another partner to lighten her work. But
595 then she herself will try /106/ to find a much younger girl than she, less talented, less beautiful, the kind minus habens, /"having less"/, on the whole a person who will not give offense to her and to whom she will be able to give orders. The T'ou-jen women are very shrewd in this regard. I have even twice known the case of a woman shrewder yet; instead of looking for a second wife for her husband, she had found it more practical to give a second wife to her son, who was scarcely seventeen and already had a wife several years older than he. These cases explain again the T'ou-jen way of thinking on the subject of marriage. We have said above that marriage is not the personal affair of those concerned, and that the T'ou-jen see in it something besides the procreation of descendants.

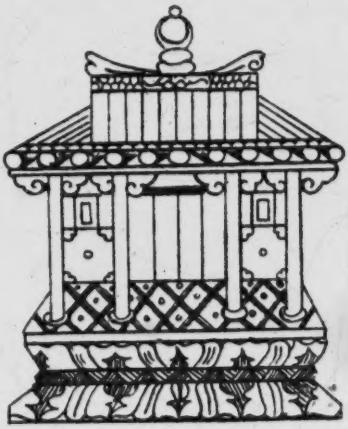
595 d) Fourth category of polygamists: that of those who want to have two wives to enjoy them.

This category is rather rare. It is always dangerous, say the elders, to take a second wife when the first has children and does not want to hear polygamy mentioned. Those who proceed further end up by taking a concubine to sell the official wife, as the adage says. Besides, says another adage, "Women are like medicine; one must not take too much." Polygamy is therefore far from being general among the T'ou-jen. For my part, I believe that this chapter will gain a great deal by being carefully reviewed and corrected in many ethnology books.

3. Procedure for the Purchase of a Concubine

As a general rule, the husband first proposes to his wife that he take a concubine. If the wife will not listen and if the husband is very eager to do it, he will have recourse to a woman friend of his wife or even to one of her parents /relatives?/ in order to convince her. If that does not succeed, the affair is usually /107/ shelved.
[606] If the wife consents, the husband will send someone to the wife's

764 [637 cont.]
465 his work and, in addition, twelve
322 loaves of bread, two ells of white cloth, and a small measure of wheat (six pounds). After the work is done, this measure of wheat is put on the house-
[782] hold altar, and the carpenter puts his tools on it. The master of the household sticks a few burning incense-sticks among them and puts the loaves before them. Then everyone makes a three-
[532]



Death-box
(Drawing of a Tujen)

fold kowtow (7). The carpenter does not receive the white cloth until the funeral meal.

7. [Foreign text p. 653.] This ceremony actually has nothing to do with the death-box. It is customary after all carpentry work; it is done to honor the tutelary god of the carpenter, Lu-pan-yeh. It is a Chinese custom.

[782]
[776]
[177]

764 Lying in state: If the box is already available at death, the corpse is immediately put in it. If it is not yet ready, then the people put the dead in a crouching position on the kang or on the floor of the room in which he died. First, however, they lay down a white felt mat as a pad; straw is not used. No one may sleep or live in the same room with the dead, only in an adjoining room. A table with 12 loaves of bread, which come from the deceased's own family, and a water-lamp stand before the crouching corpse.

[462]
[543] Putting the corpse in the box is always done by men. The son puts his father and mother inside. The father, however, never puts his son in; that is taken care of by the young brothers or cousins.

guiding the father shaman to indicate which among his 756
sons fills the bill of requirements in the most appropriate way. The general belief among the Monguors is that the avocation of a shaman does not depend on the individual or on any other person, but on the spirits, who select the person who is to discharge the duty.

The succession, according to the Monguors, is necessarily inherited by one of the sons of a shaman. This is explained according to the Monguor mentality. It has been noted that, since the worshipping of a spirit once begun by a family should never be discontinued, for fear of calamities which would be sent by the abandoned spirit, the eldest son therefore has to perpetuate its cult. In a more imperative way, when the head of a family has dedicated himself to the cult of a spirit, the duty of a member of the same family to continue this dedication is far more urgent. Since it can never be neglected, one of the sons has to assume the duty.

When a shaman, however, has no sons, he indicates his successor among the sons of his brothers and adopts him. The boy will inherit his wealth and substance and become a shaman. If he did not adopt a son during his life, a family council convenes in order to indicate one of their boys to succeed to the deceased shaman, for the future of the whole family is at stake. The Monguors harbor a deep conviction that the whole family is responsible for the continuation of the dedication of a member to the cult of the spirits, and that the family would not be able to withstand the calamities entailed by such neglect.

The Monguors say that in former times, when the [462]
shaman had no sons, one of his daughters discharged the duty, but at present there are no more female shamans. Many times I received from the Monguors this explanation which, according to their trend of mind, seemed logical.

When I asked the shamans why they accepted only their sons or nephews as pupils, and never sons belonging to families in which there were no shamans, they always answered that such boys could not become shamans. They said their old ancestor had been chosen and ordered by the Twelve Tengris themselves to honor them; that the way of practicing their art had been taught to him by the Twelve Tengris themselves and that consequently their "family" had to discharge this duty. "We have to honor our shaman ancestors," they said. "because when we are fulfilling our duty their spirits come to us, helping us serve the tengris; they know the way of approaching the tengris; they live with them and know them, make them take possession of us, and make them help us in every way. Without the spirits of our ancestors we are unable to perform the rites, to call up our Tengris and to combat evil spirits. The spirits of our ancestors know us, and protect us, because we are their descendants, and so do the Twelve Tengris; but our ancestors will not help strangers and our Tengris recognize only our family as their servants;

[p.79 (B)]

N *563 M 439 [438] [543] [437]

tion for her hospitality. Larger scale selling and buying are done at fairs held two or three times a year.

Occasionally an ambitious young Mongour will go into the business of long-distance caravan trade with the Tibetans. He will deal largely in mules and saddle girths woven with white wool, which can be sold readily in Tibet, and bring back wool serge cloth dyed red or purple, or white with red or blue stripes. *A heavy fabric, it sheds water, and is highly valued by the Mongours. He will also bring back Tibetan incense, dates and so forth to sell to the Chinese.

N *563 M 461

6. Work and leisure

The traditional life of pastoral nomads is rather free and lazy except at the times of seasonal migration. Descendants of nomads, the Mongours still prefer to enjoy long periods of comparative idleness alternating with short periods of intense activity. In their agricultural economy, however, the Mongour men are unable to be quite so indolent as pastoral nomads.

N *563 M 462

In the farming communities, both men and women work in the fields. The men do the heavy preparatory work, plowing and harrowing; the women help with sowing and weeding, as well as with reaping the harvest and carrying the grains to the threshing floor. Women do the threshing. Like their Mongol sisters, they do the housework and care for the animals. Married women work under the supervision of the oldest, usually the mother-in-law.

N *563 M 562

Although their status is inferior, the Mongour women accept it without resentment. Their outlook is conditioned by their milieu. They know what is expected of them, and behave accordingly. Though bound by strict rules of etiquette, they are entirely free to associate with men, to sing and dance in public, and to enjoy themselves. They delight in attending the big festivals at the lamaseries and the annual assembly of the clan, where they meet their friends and visit, and also show off their fancy costumes and headdress. They love to shop at the fairs, and bargain over goods. Both men and women love to sing. During the long, tedious hours of weeding the fields, men and women sing in unison.

M [574] M [437] [533]

N *563 101

G. The Tibetans

1. The people

Hsi-fan is a name applied by the Chinese to the Amdo Tibetans, and to all other non-Chinese tribesmen from Sung-p'an to Hsi-ning. It means Western Barbarians. Some European scholars have maintained that the Hsi-fan are not Tibetans, and suggest that they represent a northern branch of one of the non-Chinese peoples of southwest China, like the Lolo or Moso.

N *563 199

Granting that there is no such thing as a homogenous Tibetan